



Ridgewood Parks and Recreation  
presents

# Kangoo Kids Bootcamp

Classes Led by  
certified  
Kangoo Fitness  
Instructors,  
Vic Cabezas  
and Jax Leone



For ages  
7 to 10!

Wednesdays, March 13 - May 1  
(No class on 3/27, 4/10 or 4/17)

**OR**

Fridays, March 15 - April 26  
(No class on 3/29 or 4/19)

3:30pm to 4:30pm

\$180/5 classes (\$195 non-residents)

Anne Zusy Youth Lounge, located in Village Hall  
131 N. Maple Avenue

GET MOVING AND GROOVING WITH OUR FUN, REBOUND  
CLASS FOR BEGINNERS! MAKE FRIENDS,  
BUILD STRONG MUSCLES AND BONES, AND  
HAVE ONE BIG JUMPING, HEART PUMPING, FAM JAM!!!!

Register at <https://register.capturepoint.com/ridgewood>  
or in-person at the Stable, 259 N. Maple Avenue.

Rebound boots are provided with registration fee. Please  
provide shoe size and weight for the best jumping experience y  
contacting the Community Center at 201-670-5500 ext 2301